



SUMMER 2010

ADULT ACTIVITIES

Hyland Hills Park and Recreation District — 303-428-7488 — www.hylandhills.org

GENERAL INTEREST

SILVERSMITH — OPEN WORKSHOP #444305

Open studio time for jewelry artists is available to all students who have participated in the Silversmithing classes at Hyland Hills. Others wishing to join must demonstrate proficiency using the equipment.

Ages: 16 and up

Fee: \$40 punch card/4 punches

Date	Day	Time	Loc
Jun-Aug	W	7pm-9pm	Baker
Jun-Aug	F	10:30am-2:30pm	Baker
Jun-Aug	SU	1pm-5pm	Baker

ASSISTANCE PROGRAMS #444720

Colorado Legal Services is pleased to offer community education talks on a number of legal topics affecting the lives of our residents, such as education, assistance programs and grandparents rights. The talks allow time for questions and individual assistance.

Ages: 18 and up

Fee: Free

Date	Day	Time	Loc
May 12	W	7pm-8pm	PMC

OPEN SESSION LIFE DRAWING #444710

This course is open to those who want to keep their drawing skills honed and those with little or no experience. Models will be present at each class holding a variety of poses. Your facilitator will be available for consultation if needed, but if you just want a model, a place to draw and a block of time without interruptions, you are also welcome. Bring the materials of your choice. Your instructor will offer a general supply list. No oil paints or media with vapors.

Ages: 18 and up

Fee: \$20

Date	Day	Time	Loc
Jun 2, 16, 30	W	6pm-8pm	MAC

WORD PROCESSING #444710

Word Processing applications are technically very similar. But did you know many are free and work with Microsoft Word? Learn the basics of word processing while staying on a budget.

Ages: 18 and up

Fee: \$22

Date	Day	Time	Loc
Apr 6	T	5pm-6:30pm	PMC
May 4	T	5pm-6:30pm	PMC
Jun 1	T	5pm-6:30pm	PMC

DIGITAL PRESENTATIONS 101 #444710

Learn the basics of putting a presentation together with almost any presentation application. (Microsoft not needed!)

Ages: 18 and up

Fee: \$22

Date	Day	Time	Loc
Apr 6	T	6:45pm-8:15pm	PMC
May 4	T	6:45pm-8:15pm	PMC
Jun 1	T	6:45pm-8:15pm	PMC

EASY-TO-USE TECHNOLOGY #444710

This discovery class offers you many ways to keep in contact with family, keep you in-the-know with technology and learn about easy-to-use applications you might not know exist. Skype, Facebook and Craigslist are just a few of the things you learn.

Ages: 18 and up

Fee: \$22

Date	Day	Time	Loc
Apr 13	T	5pm-6:30pm	PMC
May 11	T	5pm-6:30pm	PMC
Jun 8	T	5pm-6:30pm	PMC

PROTECTING YOUR PC #444710

Learn about digital threats and how to protect yourself from Viruses, Malware, Spyware, Hackers and the rest. We'll give you the inexpensive to comprehensive options to keep you worry free.

Ages: 18 and up

Fee: \$22

Date	Day	Time	Loc
Apr 13	T	6:45pm-8:15pm	PMC
May 11	T	6:45pm-8:15pm	PMC
Jun 8	T	6:45pm-8:15pm	PMC

BECOME COMPUTER EFFICIENT #444710

Unlock your turtle-like prowess on the computer. A few simple tips and tricks will help you save time when using your PC and browsing the internet. We teach you the top efficiency techniques and give you time to practice.

Ages: 18 and up

Fee: \$22

Date	Day	Time	Loc
Apr 20	T	5pm-6:30pm	PMC
May 18	T	5pm-6:30pm	PMC
Jun 15	T	5pm-6:30pm	PMC

TECHNOLOGY & TEENS: WHAT PARENTS NEED TO KNOW #444710

In a recent study, 74 percent of high school age children in the U.S. use the Internet regularly. Parents need to know the threats facing their kids and how to work with them to keep them safe.

Ages: 18 and up

Fee: \$22

Date	Day	Time	Loc
Apr 27	T	6:45pm-8:15pm	PMC
May 18	T	6:45pm-8:15pm	PMC
Jun 15	T	6:45pm-8:15pm	PMC

TECNOLOGIA Y INGLES #444710

Aprende las diferentes tecnologías y English al mismo tiempo. La lección es divertida, informativa, y muy eficaz. Más información de Microsoft Office, Skype, Facebook y mas. De principiante a intermedio de la recepción. Profesor de Inglés es TEFL / TESOL certificado con experiencia de 4 años.

Ages: 18 and up

Fee: \$22

Date	Day	Time	Loc
Apr 27	T	5pm-6:30pm	PMC
May 25	T	5pm-6:30pm	PMC
Jun 22	T	5pm-6:30pm	PMC

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ACOUSTIC GUITAR CLASS-BEGINNING

Learn the basics of guitar. Four half hour lessons per month will be given. Please bring a guitar, pic, and "The Beginners Book of Guitar" by Mel Bay. Please call to schedule your appointment.

Ages: 15 and up

Fee: \$32 Resident, \$37 Non-Resident

Date	Day	Time	Loc
May 5-May 26	W	6pm-8pm	PMC

CERAMICS

Learn the basics and creative techniques in ceramics. Paints and glazes are provided. There are minimal fees and charges for greenware and firing.

Ages: 16 and up

Fee: Drop-in Fee \$5

Date	Day	Time	Loc
May 5-May 26	W	12:30pm-2:30pm	PMC
Jun 2-Jun 30	W	12:30pm-2:30pm	PMC
Jul 7-Jul 28	W	12:30pm-2:30pm	PMC
Aug 4-Aug 25	W	12:30pm-2:30pm	PMC

MAKE YOUR OWN HERBAL SOAP #444502

Make your own glycerin based soaps using top-quality supplies, scents, and herbal additives. Class includes 1 lb of soap and all scents, additives, use of supplies, etc. You'll leave with several soaps as well as a list of the best places to buy supplies.

PLEASE NOTE: Please bring a 1 or 2 glass measuring cups, a wooden spoon and zip-lock bags to the class, as well as wear something that can get dirty.

Ages: 15 and up

Fee: \$32 Resident, \$37 Non-Resident

Date	Day	Time	Loc
May 1	SA	10am-12pm	PMC

BASIC BRIDGE #444606

Designed for new players or dabblers, this course introduces bidding, playing the hand, and basic tactics, and is a combination of instruction and game play.

Ages: 15 and up

Fee: \$40 Resident, \$45 Non-Resident

Date	Day	Time	Loc
May 10-Jun 14(Suit)	M	6pm-8pm	MAC
Jun 21-Jul 26 (No Trump)	M	6pm-8pm	MAC

BASIC DOG OBEDIENCE #464106

Learn to train your dog and have fun. Skills taught include heel, sit and stay, down and stay, stand and stay, automatic sit, on-leash recall and finish, attention, bite inhibition and tricks. Dogs must have their shots and have a well fitted collar with a 6-foot leather or nylon leash. Please, no chain leashes. Do not bring your dog to the first class. Dogs must be 3 months and older.

Ages: 18 and up

Fee: \$45 Resident, \$50 Non-Resident

Date	Day	Time	Loc
May 3-Jun 7	M	7:15pm-8:15pm	PMC
Jun 21-Jul 26	M	7:15pm-8:15pm	PMC

PIANO LESSONS-ADULT / ALL AGES

Classes are \$15 per half hour or \$30 for an hour. We recommend half hour for children under 12.

Ages: All ages welcome

Fee: \$60 month 1/2 hour, \$120 month 1 hour

Date	Day	Time	Loc
May-Aug	M	3:30pm-7:30pm	PMC
May-Aug	T	4pm-7pm	PMC
May-Aug	W	4pm-7pm	PMC
May-Aug	SA	9am-12pm	PMC

CPR AND FIRST AID #444700

CPR (Cardio Pulmonary Resuscitation) and First Aid Courses are programs designed to train individuals to respond in an emergency situation. This certification is through the American Heart Association. Participants must attend both classes to receive a card.

Ages: 16 and up

Fee: \$45

Date	Day	Time	Loc
May 3 & 10	M	6pm-8pm	PMC
Jun 7 & 14	M	6pm-8pm	PMC

VOICES SPANISH CLASSES

For more information please call 720-542-5357

CREATE YOUR OWN WILL

Licensed attorney, Steven M. Dye, will help you complete a Last Will & Testament, Financial & Medical Power of Attorney, Living Will and Organ Donation Request. Includes: Witnessing, notary, review and time for questions. Bring is your driver's license and names of beneficiaries. Optional \$15 fee for leather padfolio.

Ages: 18 and up

Fee: \$99

Date	Day	Time	Loc
May 4 & 11	T	4pm-6pm	PMC
Jun 8 & 15	T	10am-12pm	PMC
Jul 13 & 20	T	2:30pm-4:30pm	PMC
Aug 3 & 10	T	3:30pm-5:30pm	PMC

FIRST FRIDAY ART WALKS #444601

Come experience the art and the flavor of the Highlands District (Tennyson St.) and Downtown (Sante Fe St. art district) Bring your walking shoes and an evening of friendship and the arts. Bring extra money to buy a beverage or an appetizer.

Ages: 18 and up

Fee: \$5 Resident, \$10 Non-Resident

Date	Day	Time	Loc
May 7	F	6pm-8pm	PMC
Jun 4	F	6pm-8pm	PMC
Jul 2	F	6pm-8pm	PMC
Aug 6	F	6pm-8pm	PMC



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BICYCLE REPAIR #444603

This hands-on class provides you with basic skills and knowledge for proper bike fit, repairs such as tire and tubes, gear adjustments, bearings, and wheel truing. Both road and mountain bikers are welcome.

Ages: 15 and up

Fee: \$1 Resident, \$2 Non-Resident

Date	Day	Time	Loc
May 19	W	6pm-7pm	Performance Bicycle

BROADWAY PRESENTS

No seating arrangements guaranteed. Please call 303-428-7488 to register for any of the theater events. No money is needed at this time. Transportation included.

Ages: 16 and up

Fee: \$28 Resident, \$33 Non-Resident

W, 6:30pm, leave from PMC

See www.dcpa.org for information on the following shows:

Young Frankenstein, Jun 16	South Pacific, Jul 21
101 Dalmations, Aug TBA	Shrek, Nov TBA

ADULT SPORTS LEAGUES

The Hyland Hills Athletic Department provides a variety of seasonal adult team sports. Leagues are organized for men, women, and coed divisions. They are generally scheduled using a round-robin format. End of season tournaments are offered for some leagues. Team manager meetings are held prior to the start of each season. Teams are required to pay 50% of the league fee when registering. No extra player fees are charged for any leagues. For more information on adult sports leagues call Chris Robson at 303-650-7671.

Sport	Division's Offered	Registration Begins	Season	League Fee
Summer Softball	Sun. Men's D-Rec Sun. Men's D-Comp Sun. Coed D-Rec Sun. Coed D-Comp Mon. Women's D-Rec Tues. Men's D-Rec Wed. Men's D-Rec Wed. Men's D-Comp Thurs. Men's D-Rec Thurs. Coed D-Rec Fri. Men's D-Rec Fri. Coed D-Rec	March 1st	Games Begin Apr 30 to May 6 (12 games) Plus tournament for qualifying teams in each league	\$600 \$600 \$600 \$600 \$550 \$600 \$600 \$600 \$600 \$600 \$600 \$600
Fall Softball	Sun. Men's D-Rec Sun. Men's D-Comp Sun. Coed D-Rec Sun. Coed D-Comp Mon. Women's D-Rec Mon. Men's D-Rec Wed. Men's D-Rec Wed. Men's D-Comp Thurs. Men's D-Rec Thurs. Coed D-Rec Fri. Men's D-Rec Fri. Coed D-Rec	July 5th	Games Begin Aug 20 to Aug 26 (8 games)	\$425 \$425 \$425 \$425 \$400 \$425 \$425 \$425 \$425 \$425 \$425 \$425
Summer Flag Football	Sun Men's Rec	May 3 (No Games 7/4)	Jun 13-Aug 8	\$600
Fall Flag Football	Sun. Men's Upper-Rec Sun. Men's Rec	July 5 No games Labor Day Weekend	Aug 22 - Oct 17 (7 games) plus tournament	\$600 \$600
Fall Basketball Dunking Allowed!	Mon. Men's Rec Wed. Men's Rec	August 3	Oct-Dec (10 games)	\$450 \$450